



Asia Pacific Hospice  
Palliative Care Network



HOSPIS  
MALAYSIA

## WORKSHOP ON GRIEF & BEREAVEMENT CARE 8 – 9 DECEMBER 2018

Venue : Auditorium (Level 1) - Hospis MalaysiaSSSS

<u>Saturday, 8 December 2018 : Day 1</u>		<u>Sunday, 9 December 2018 : Day 2</u>	
0800-0845	Registration	0800-0850	One-minute Self Preparation
0845-0850	One-minute Self Preparation	0850-0900	Recap of Day 1 main theme
0850-0920	Introduction and Sharing of Expectations <i>Exercise 1: Getting to know you</i>	0900-0950	Prevention of Persistent Complex Bereavement Disorder <i>Exercise 7: Expert Meeting</i>
0920-1030	Understanding Brief & Bereavement <i>Exercise 2: My experiences with Death</i>	1015-1030	Post Death Bereavement Care
1030-1045	Coffee	1030-1045	Coffee
1045-1115	Overview of Bereavement Care	1045-1145	ADAPTS Targeted Intervention A: Anomalous Emotion <i>Exercise 8: Working with Anomalous Emotion</i>
1115-1245	Pre-death Bereavement Care <i>Exercise 3: The Unforgettable Case</i>	1145-1230	ADAPTS Targeted Intervention D: Dysfunctional Cognition <i>Exercise 9: Working with Dysfunctional Cognition</i>
1245-1300	Questions & Answers	1230-1250	ADAPTS Targeted Intervention A: Adjustment Challenges <i>Exercise 10: Working with Adjustment Challenges</i>
1300-1400	Lunch	1250-1300	Questions & Answers
1400-1445	Bereavement Care at the moment of death <i>Exercise 4: Challenges in facing death moment</i>	1300-1400	Lunch
1445-1515	Assessment of Bereavement Risk <i>Exercise 5: Assessment of Bereavement Risk</i>	1400-1410	ADAPTS Targeted Intervention P: Physical Symptoms
1515-1530	Tea	1410-1430	ADAPTS Targeted Intervention T: Traumatic Responses <i>Exercise 11: Working with Traumatic Responses</i>
1530-1600	Assessment of Bereavement Outcomes	1430-1515	ADAPTS Targeted Intervention A: Separation Distress
1600-1655	Role Play of Assessment in Bereavement Risk and Outcomes <i>Exercise 6: Role Play</i>	1515-1530	Tea
1655-1700	Q & A	1530-1645	Integrative Learning <i>Exercise 12: Role Play</i>
		1645-1700	Ending Ritual and Evaluation

### FACILITATORS

#### Associate Professor Amy Y.M. Chow

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