



Hospis Malaysia's Palliative Care Programs 2019

All our Palliative Care Workshops are conducted in joint collaboration between Hospis Malaysia and the Asia Pacific Hospice Palliative Care Network (APHN). Our Teaching Faculty comprises of an experienced pool of palliative care consultants/specialists/experts sourced from New Zealand, Australia, Hong Kong, Singapore and Malaysia.

Palliative Care Workshop on Nursing Care : 26 - 27 January 2019

Palliative Care provides patients with an opportunity for choice at a time when many curative options are futile. Therefore, healthcare providers involved in palliative care services must possess the necessary skill and knowledge to ensure that holistic patient-centered care is never compromised.

Palliative Care Nursing kicks off the first module in our series of palliative care workshops. Topics that will be addressed are patient assessment, wound management, syringe driver insertion, communication and the entire spectrum of patient care which is vital towards ensuring patients receive the care they need in their preferred familiar surroundings.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
300	250

Palliative Care Workshop on Communication Skills : 22 - 23 June 2019

Importance of effective communication skills cannot be over-estimated towards providing palliative care that is well planned and delivered through the collaborative efforts of stakeholders which includes the patient, their care givers (family & friends) and healthcare service providers.

Effective Communication is absolutely necessary in imparting 'bad' news, dealing with issues of treatment, psychological 'taboo' topics, spiritual and existential concerns which can be very challenging and must be managed appropriately. In fact, good communication is quintessential in developing an effective relationship with patients and their families.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
300	250

Palliative Care Workshop on Pain & Symptom Management : 28 – 30 September 2019

One of the objectives of Palliative Care is to provide quality of life for patients with life-limiting illness and their families. This workshop deals with both aspects of pharmacological and psychological issues on pain and symptom management so that patients with life-limiting illness are given the opportunity to live out their days with meaning and with as little distress as possible.

As usual, our workshop concentrates on small group setting and will be most beneficial to healthcare providers working in a palliative or oncology setting and other related specialty with a general interest in palliative care.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
350	300

Palliative Care Workshop on Ethics : 12 - 13 October 2019

Much of the issues involved in medical ethics revolve around the issue of illness and the preservation of life. As palliative care deals with patients and families at the transitions of care, issues surrounding medical ethics become more common. There is increasing public discussion in areas such as withholding and withdrawal of treatment, mental capacity, medical futility and physician assisted suicide and euthanasia.

Those involved in palliative care should be aware of both ethical issues as well as the clinical evidence that should guide their practice. This workshop deals with many of the ethical issues in palliative care mainly through case discussions.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
300	250

Palliative Care Workshop on Suffering & Hope : 18 – 20 October 2019

Most patients succumb to their life-limiting illness despite the best of advanced medical interventions and the burden of suffering may cause despair to patients and their families.

This 3-days workshop addresses how to deal with issues of suffering as many may not know how to give hope when all curative treatment becomes futile. This workshop is suitable for doctors, senior clinicians, nurses, psychologists, counsellors and especially those involved in making crucial decisions when the transitions from cure, to prolonging survival and palliation becomes the aim of holistic patient-centered care.

Two international speakers, Dr Susan Marsden, a Palliative Care Consultant with a background in Radiation Oncology and Ms Liese Groot-Alberts, a professional Grief Therapist from New Zealand will be facilitating the entire 3-days workshop.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
350	300

Palliative Care Workshop on Grief & Bereavement : 14 – 15 December 2019

Our Grief and Bereavement Care concludes our final series of palliative workshops for this year.

One of the aims of Palliative Care is to provide support to patients experiencing death anxiety and stress of cumulative loss, thereby creating a more healing environment to patients and their caregivers while at the same time aware of the process of grief and own self-awareness issues.

This 2-days intense workshop is facilitated by a renowned leading expert from Hong Kong, Professor Amy Chow. It is designed to facilitate the process of adaptation to loss and greatly relieve suffering within the critical care setting focusing on end-life needs.

Registration Fee (RM)	
Doctors	Nurses/ Allied Healthcare Professionals
300	250