

## WORKSHOP ON PAIN & SYMPTOM MANAGEMENT 28 – 30 SEPTEMBER 2019

Venue : Auditorium (Level 1) - Hospis Malaysia

### Saturday, 28 September 2019 - Day 1

0800 – 0830	Registration
0830 – 0915	Introduction & Principles of Symptom Management
0915 – 1000	Understanding Pain
1000 – 1030	Coffee
1030 – 1130	Principles of Cancer Pain Management
1130 – 1300	Neuropathic Pain & Difficult Pain Syndromes
1300 – 1345	Lunch
1345 – 1430	Ascites and Oedema
1430 – 1530	Upper Gastrointestinal Symptoms
1530 – 1545	Tea
1545 – 1700	Lower Gastrointestinal Symptoms & Bowel Obstruction

### Sunday, 29 September 2019 - Day 2

0830 – 0915	Managing Comorbidities in Palliative Care
0915 – 1030	Anorexia, Cachexia and Fatigue
1030 – 1100	Coffee
1100 – 1200	Dyspnoea
1200 – 1300	Dealing with Confusion and Delirium
1300 – 1400	Lunch
1400 – 1500	Hydration and Nutrition
1500 – 1600	Symptom Management at the End of Life and Terminal Restlessness
1600 – 1615	Tea
1615 – 1700	Clinical Investigations in Palliative Care

### Monday, 30 September 2019 - Day 3

0845 – 1100	Ethical Issues in Palliative Care
1100 – 1130	Coffee
1130 – 1230	Palliative Care Emergencies
1230 – 1330	Lunch
1330 – 1530	Dealing with Psychological Distress
1530 – 1600	Tea
1600 – 1700	Q & A

## FACILITATORS

### **Asso.Prof. Ghauri Aggarwal**

Consultant Physician  
Palliative Medicine  
Head of Department  
Concord Hospital  
Sydney, Australia

**Dr Siow Yen Ching**  
Palliative Care Physician  
Dept of Palliative Medicine  
Hospital Selayang

### **Dr Ednin Hamzah**

Chief Executive Officer  
Hospis Malaysia

**Dr Navin Susinadan**  
Palliative Care Physician

### **Dr Sylvia A. McCarthy**

Medical Director  
Hospis Malaysia

**Dr Hasriza Hashim**  
Palliative Care Physician

### **Dr Lim Zee Nee**

Palliative Care Physician  
Hospis Malaysia