

The 1st National Conference of Children's Palliative Care Malaysia 2021

Supporting from the beginning 24th to 26th March 2021



Co-organized by:







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Welcome address by the Organizing Chairperson

Dear Friends and Colleagues,

Welcome to the First National Conference of Paediatric Palliative Care Malaysia (NCCPCM) 2021!

This conference is organised by the Malaysian Association of Paediatric Palliative Care (MAPPAC) in collaboration with the Ministry of Health, Malaysia.

It is the first national conference on Paediatric Palliative Care in Malaysia. This conference aims to promote a correct understanding of the Paediatric Palliative Care concept. We hope that it will provide broad learning opportunities for various parties interested in palliative care for children – ranging from practical knowledge, attitude and skills on essential symptoms management to psychosocial support.

The conference theme: "Supporting from the beginning", is to remind all of us that palliative care support starts from diagnosis of life limiting disease for the children and their families. This support should extend from communication needs, symptom management, end of life care until death and bereavement support for family members.

The programme has been carefully planned to incorporate sharing from local and international experts in children's palliative care, voices from volunteers and caregivers, as well as various categories of healthcare professionals. We aim to provide a balanced view of interprofessional collaborative practice in optimising the quality of life for children with life-limiting illnesses.

I want to take this opportunity to extend my gratitude to the conference organising committee and the Ministry of Health members who have been working tirelessly in ensuring the success of this conference. I also hope that the event will be memorable and enrich your current practice.

I look forward to meeting all of you personally at the First National Conference of Paediatric Palliative Care Malaysia 2021. We welcome you to join the Gala Dinner on the second day of the conference as we build networks with one another.

Yours sincerely,
Dr. Lee Chee Chan
Organizing Chairman
NCCPCM 2021



Scientific Programme

Day 1	24 th March 2021 (Wednesday)			
0745-0830	Registration			
0830-0915	~ \ \ '	Plenary 1		
0830-0313	Paediatric Palliative Care Milestones in Malaysia: An Overview - Datuk Dr Kuan Geok Lan			
0915 200	Plenary 2			
16.	Malaysian Nationa	I Palliative Care Strategy - Dr Richo	ard Lim Boon Leong	
1000-1030		Tea break		
1030-1145	S	peech by Main Conference Sponso	or	
	Welcome address by Organia	zing Chairperson, Dr Lee Chee Cha	n, MAPPAC & MOH Malaysia	
	Keynote address by YB Dato' Seri Dr Adham bin Baba, Minister of Health, Malaysia			
	Opening Ceremony & Launching of National Handbook on Children's Palliative Care			
		Press conference		
1145-1230		Plenary 3		
	2-step vs 3-step WHO A	nalgesic Ladder: Which one is bett	er? - Dr Rever Chak-Ho Li	
1230-1300	Poster and booths viewing			
1300-1400		Lunch symposium		
	Symposium 1A	Symposium 1B	Symposium 1C	
	Recognising need for PPC at diagnosis	Pain management in children	Non-pharmacological pain management	
	Chairperson: Dr Ch'ng Gaik Siew	Chairperson: Dr Tan Chai Eng	Chairperson: Ms Elaine Teo	
1400-1425	425 Identifying paediatric palliative		Music therapy for pain	
	care needs	Assessing pain in children Dr Ng Su Fang	management	
	Dr Lim Voon Lee	Dr Ng Su rung	Ms Lim Kar Gee	
1425-1450	Prognostication for children			
	with life-limiting conditions Dr Chong Poh Heng	palliative care Dr Fahisham Taib	management Mr Brandon Ho	
1450-1515	Introduction of paediatric	Di Tullislialli Tulb	IVII BIUIIUOII IIO	
1430-1313	palliative care to medical	Pain refractory to opioids –	Cognitive behavioral therapy	
	professionals and parents	what are our options? Dr Chong Lee Ai	for pain Dr Zubaidah Jamil	
	Dr Teoh Yen Lin	Di chong Lee Ai	Di Zabaraan sanni	
1515-1520		Q&A		
1520-1550		Tea break		
	Symposium 2A	Symposium 2B	Symposium 2C	
	Voices of doctors and medical professionals	Psychosocial support for family Chairperson: Sharifah Najwa bt	Voices of patients and caregivers	
	Chairperson: Dr Teoh Yen Lin	Syed Mohamad	Chairperson: Ms June Thow	
1550-1615	How I started PPC service in my	Psychosocial care for the family	Parents of children with cancer	
	hospital	– the Hong Kong scenario	Dr Shukri Mohamed	
4647 4747	Dr Fahisham Taib	Dr Rever Li		
''''''''''''''''''''''''''''''''''''''		Parent of a child with chronic		
	•	En Nik Mohd Hazman b Nik		
	Ms Elaine Teo Mohamad Noor Ms Suriyati Mahat			
1640-1705				
	education breaking bad news bronchiolitis obliterans			
1705-1730			-	
		Ms Low Mi Yen	• •	
1730-1735	55 C			
1640-1705 1705-1730		En Nik Mohd Hazman b Nik Mohamad Noor Supporting parents after	neurological impairment Ms Suriyati Mahat Patient with post-infective bronchiolitis obliterans Muhammad Ashnawi Azmi Parents of children with spinal muscular atrophy	
	Maggie @ Nur Umairah		Ms Yap Sook Yee	
1730-1735	Q&A			

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	Day 2	25 th March 2021 (Thursday)			
	0745-0830	Meet the experts			
	CN	PPC and home care Dr Chong Poh Heng	Palliative care nursing Ms Serene Wong	Symptom management Dr Rever Li	
	U8 30- 1915	Plenary 4 Resources and funding for paediatric palliative care service - Dr Chong Poh Heng			
	0915-1000	Plenary 5 Challenges and solutions for children with PPC needs from underserved communities – Ms Queenie Luk			
	1000-1020		Tea break		
The second second		Symposium 3A Symptom management in specific situations Chairperson: Datuk Dr Kuan Geok Lan	Symposium 3B Transition care Chairperson: Ms June Thow Mei Jiun	Symposium 3C Family integrity Chairperson: Dr Lim Voon Lee	
	1020-1045	Care for children with severe neurological impairment Dr Khoo Teik Beng	Transition from child to adult services Dr Aaron Hiew Wi Han	Siblings – Never leave me out Dr Yang Wai Wai	
	1045-1110	Managing symptoms of children with cancer Dr Rever Li	Transition from hospital to home Dr Teoh Yen Lin	Family therapy – when different caregivers have different opinions Dr Ng Wai Sheng	
	1110-1135	Managing symptoms for children with renal failure Dr Susan Pee	Non-invasive ventilation in PPC Dr Lee Chee Chan	Supporting caregivers of children with metabolic and genetic disorders Dr Ch'ng Gaik Siew	
	1135-1140		Q&A		
	1140-1300	Bioethics Discussion Truth Telling Chairperson: Dr Tan Ru Wei Panelists: Dr Chong Lee Ai & Assoc Prof Dr Erwin Khoo	Oral Presentation Chair: Dr Felicia Chang	Poster Presentation & Judging	
	1300-1400		Lunch symposium		
		Symposium 4A Communication skills in PPC Chairperson: Dr Tan Chai Eng	Symposium 4B Expressive therapy in PPC Chairperson: Dr Yang Wai Wai	Symposium 4C The art of PPC Chairperson: Ms Ee Su Im	
	1400-1425	Advance care plan and goals of care Dr Lee Chee Chan	Communication through art Mr Raymous Wong Choon Yong	Is PPC an art or science? Dr Chong Poh Heng	
	1425-1450	Active listening skills Dr Loh Ee Chin	Communication through play therapy Mr Chris Ng	Creative drama intervention <i>Dr Sujatha Doraimanickam</i>	
	1450-1515	Talking to children about death and dying Ms Serene Wong	Communication through music Ms Joanne Lau		
	1515-1520	Q&A			
	1900-2200	Gala dinner			

	26 th March 2021 (Friday)		
0745-0830	Meet the experts		
	Symptom management Dr Lee Chee Chan	PPC Research in Malaysia Dr Fahisham Taib	PPC Education in Malaysia Dr Chong Lee Ai
0830-0915	Plenary 6 Respite care programme- Ms Serene Wong		
0915-1000	Plenary 7 Research changing practices in paediatric palliative care – Dr Chong Lee Ai		
1000-1.30	VI.	Tea break	
TEI	Symposium 5A End of life care Chairperson: Dr Susan Pee	Symposium 5B Psychosocial and spiritual care for the child Chairperson: Dr Aaron Hiew	Symposium 3C Palliative nursing Chairperson:Maggie Umairah
1030-1055	Perinatal palliative care Dr Lee Chee Chan	Psychosocial support for the adolescent Ms Queenie Luk	Medication management Ms Hidayah Rosli
1055-1120	End-of-life symptom management Dr Felicia Chang	Dealing with fear and anxiety in children Dr Yang Wai Wai	Use of syringe drivers Ms Elaine Teo
1120-1145	Dealing with grief and bereavement Ms Lee Voon Yee	Spiritual care for children and their family Dr Jefri Irwan Haris	Wound management Ms June Thow
1145-1210	Home extubation Dr Ng Su Fang	Wish fulfilment Ms Queenie Luk	Occupational therapy role in facilitating participation in daily activities Ms Ee Su Im
1210-1300	Closing and prize-giving ceremony		



Launching of the National Handbook of Children's Palliative Care Malaysia

By

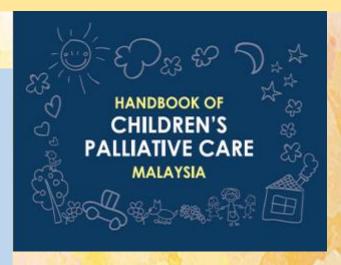
YB Dato' Seri Dr Adham bin Baba

Minister of Health, Malaysia

This handbook is written to guide healthcare workers on practical management of children's palliative care to meet the needs for PPC management in the hospital and community.

Do join us for the NCCPCM 2021 Gala dinner

25th March 2021



Plenary speakers



Datuk Dr Kuan Geok Lan

Clinical Associate Professor, Dept of Paediatrics, International Medical University (IMU), Malaysia



Dr Chong Lee Ai

Conference Speakers

Consultant, Pain and Palliative Care Unit, Dept of Paediatrics, Universiti Malaya (UM), Malaysia

Dr Richard Lim Boon Leong

Head, Dept of Palliative Medicine, Hosp Selayang, MOH, Malaysia



Ms Serene Wong

Palliative Nurse, HCA Hospice Care, Singapore





Dr Chong Poh Heng

Medical Director, HCA Hospice Care, Singapore



Ms Queenie Luk

Asst Professional Services
Manager, Children's Palliative Care
Foundation, Hong Kong



MOH



Dr Lim Voon Lee



Symposium speakers

Dr Teoh Yen LinPaediatrician, Hospital Seberang
Jaya, MOH



Dr Ng Su Fang

Paediatrician, Hospital Likas, MOH

Paediatrician, Hosp Pulau Pinang,



Dr Fahisham Taib

Paediatric Palliative Paediatrician, Dept of Paediatrics, Universiti Sains Malaysia (USM)



Ms Lim Kar Gee

Music therapist, Malaysian Music Therapy Association



Mr Brandon Ho

Certified hypnotherapist
Association of Hypnotherapy
Practitioners Malaysia



Assoc Prof Dr Zubaidah Jamil

Clinical Psychologist, Cyberjaya University-College of Medical Sciences (CUCMS)



Ms Elaine Teo

Palliative Nurse, ASSISS Palliative Care Services



Dr Lee Chee Chan

Paediatric Palliative Paediatrician, Hospital Tunku Azizah, MOH.



Ms Maggie @ Nur Umairah Balqis Liong bt Abdullah

Registered Nurse, Hosp Tunku Azizah, MOH

En Nik Mohd Hazman Nik Mohamad Medical Social Worker, Hospital Tunku Azizah, MOH



Ms Low Mi Yen

Clinical Psychologist & Mindfulnessbased Therapist, Integrated Wellness



Dr Shukri MohamedAdvisor, Kumpulan Ibubapa dan

Sokongan Kanak-kanak Kanser (KIDS)



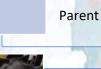
Ms Yap Sook Yee
Co-founder, WeCare Journey

Puan Suriyati Mahat

Solutions



En Muhd Ashnawi Azmi Law student, Universiti Sains Islam Malaysia (USIM)



Dr Susan Pee
Consultant Paediatric Nephrologist,
Hosp Sultan Ismail, MOH



Dr Khoo Teik Beng Consultant Paediatric Neurologist, Dept of Paediatrics, Hosp Tunku Azizah, MOH

Palliative Medicine Physician, Hosp



Dr Yang Wai Wai

Clinical Psychologist & Lecturer, Dept
of Paediatrics, Universiti Kebangsaan
Malaysia (UKM)



Dr Ng Wai Sheng Clinical Psychologist and Director, Growing Space Psychology Centre

Dr Aaron Hiew Wi Han

Kuala Lumpur, MOH



Dr Ch'ng Gaik Siew

Consultant Clinical Geneticist &

Paediatrician, Dept of Genetics, Hosp

Pulau Pinang, MOH



Dr Tan Ru WeiConsultant Paediatrician, Columbia

Asia Klang



Assoc Prof Dr Erwin Khoo
Consultant Paediatrician, Dept of
Paediatrics, International Medical
University (IMU)



Consultant Palliative Medicine Physician, Dept of Medicine, Universiti Malaya (UM)



Mr Raymous Wong
Art Therapist, Xiao En Counselling and
Support Unit, Malaysia



Mr Chris Ng Play therapist, Integ<mark>rated Psychology</mark> Network



Ms Joanne Lau Lee Bin Music Therapist, Absolute Music Performing Arts Centre



Dr Sujatha Doraimanickam

Public Health Specialist, Medical
Clowning, Hospital Tunku Azizah, MOH



Dr Felicia ChangPalliative care practitioner, Beacon
Hospital



Dr Jefri Irwan Harris Gunawan Chief Medical Officer, Mercy Malaysia



Ms Hidayah Ismail
Pharmacist, Hospital Tunku Azizah, MOH



Ms June Thow Mei Jiun
Palliative Nurse, ASSISS Palliative Care
Services



Dr Tan Chai Eng
Family Medicine Specialist, Dept of
Family Medicine, Universiti
Kebangsaan Malaysia (UKM)



Pn Ee Su Im Occupational Therapist, Hospital Tunku Azizah, MOH

Call for Papers

Research on children's palliative care is still greatly needed to further develop new knowledge and identify new strategies that are suitable for the local and regional context. We would like to welcome submission for free paper presentation in NCCPCM 2021.

Submissions on paediatric palliative care (from general to specialist palliative care) are welcome on any of the following themes:

- Paediatric palliative care services in hospital
- Pain and symptom management, including nonpharmacological therapies
- Psychosocial and spiritual care, including grief and bereavement
- Improving awareness among healthcare professionals and caregivers about supportive care for children
- Transitional care from hospital to home
- Community paediatric palliative care service
- Quality of life of caregivers and children with palliative care needs
- Ethical issues in managing children requiring supportive care

Audits of current services and case reports with learning value(s) pertaining to children's palliative care are welcome.

The abstracts should be original and have not been presented in other conferences or published in another journal before.

The best abstracts will be selected for oral presentation.

Successful authors of abstracts will be notified by email latest by December 2020.

The format for poster or oral presentation will be informed upon acceptance.

There will be prizes for the best paper for oral presentation and posters.

Category	1st prize	2 nd prize	3 rd prize
Oral presentation	RM800	RM500	RM300
Poster presentation	RM500	RM300	RM200

Closing date for abstract submission extended to 24 December 2020

All abstracts will be published in a supplementary issue of Malaysian Journal of Paediatrics and Child Health, the official journal of the Malaysian Paediatric Association.



- Open access
- Indexed in Malaysian Citation Index (MyCite)



Further details are available at the conference website http://nccpcm2020.com/

Submit your abstracts online

Participant category	Super Early Bird Until 30 th Sept 2020	Early bird registration fees Until 25th Dec 2020	Full registration fees 26 th Dec 2020 onwards
Specialists	RM 500	RM550	RM600
Medical Officers	RM 450	RM500	RM550
Nurses or allied health professionals**	RM 350	RM350	RM400
Volunteers / caregivers / undergraduate students **	RM 250	RM250	RM300
International participants (non-Malaysian)	USD 150	USD200	USD250

**Limited to 50 registrations per category

Special rate for MAPPAC members.. Discount RM50 for early bird registration only!

Sign up now! www.mappac.org

Visit our conference website for more details

http://www.nccpcm2020.com

Contact us at: 016- 223 1357 (Jacqueline, MAPPAC)

Email: nccpcm2020@gmail.com



Scan QR code for conference website

Bursaries open for application

Bursaries (accommodation / registration fees) for 10 registered participants who have submitted for free paper presentations are available for application. Those interested are required to write in to nccpcm2020@gmail.com to apply, with the following:

- topic of the abstract(s) submitted for free paper presentation (oral presentation / poster presentation)
- a short essay of not more than 500 words on why they should be awarded the bursary / scholarship.
- *Priority for bursary will be given to international participants.

Due date for application is on 24th December 2020

