



The Department of Palliative Medicine and Support Care of Kasturba Hospital, Manipal, organised programmes to mark 'World Hospice and Palliative Care Day' on Saturday.

Saplings planted to mark hospice day

SPECIAL CORRESPONDENT
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The Department of Palliative Medicine and Support Care of Kasturba Hospital, Manipal, organised programmes to plant and distribute saplings to mark 'World Hospice and Palliative Care Day' on Saturday.

The saplings were planted by family members of patients who passed away, at the children's park.

Saplings of herbal plants were distributed to cancer patients at Shirdi Sai Baba OPD block.

In a press note, Sharath K. Rao, Dean of KMC, said though 32.5 million people require palliative care, only

10% were getting it. The hospital started palliative care specifically for cancer patients and it has now been extended to other patients, who are suffering from chronic diseases.

Dr. Rao said palliative care ensures access to the best standard of care and highest level of comfort for the patient. It also ensures best support to the family members.

Palliative care was relevant in this pandemic as World Health Organisation has said that any approach that does not include palliative care was "medically deficient and ethically indefensible", he said.

Sapling plantation programme marks World Hospice and Palliative Care Day

EXPRESS NEWS SERVICE

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AS part of the World Hospice and Palliative Care Day (WH-PCD) activity, the Department of Palliative Medicine and Supportive Care, Kasturba Hospital, Manipal, organised a sapling plantation programme by patients' relatives in the fond memories of their loved ones at Children's Park, near End-Point Gate on Saturday. Later, herbal plants were distributed to cancer patients at Shirdi Sai Baba OPD Block.

The second Saturday in October is observed as World Hospice and Palliative Care Day and it brings awareness



A sapling plantation programme held to mark World Hospice and Palliative Care Day in Manipal on Saturday | EXPRESS

to palliative care issues and aims to expand options worldwide.

Dr Sharath K Rao, dean, KMC, was the chief guest of the programme and said 32.5 million people required palliative care globally, but unfor-

tunately now only 10 per cent of the people get palliative care. "We started it in Kasturba Hospital, especially to cancer patients and now extend to other patients who are suffering from chronic diseases," he added.