

- I am Dona Samindra Jeewanie Ranasinghe. Currently working in palliative care unit at the National Cancer Institute Maharagama, Sri Lanka. I started my service as a palliative care nurse initiating palliative care service in Sri Lanka 2015, with other master trainers who trained by APHN with Lien collaboration.
- It is a valuable opportunity to participate to the conference as a nurse from developing country to see the well-developed palliative care in the Asia Pacific region and share the experiences.
- Lots of points are very influence to accelerate and streamline our service in my country.

I was able to participate all lectures

EVENT	SUMMWRY
Building Bridges: Hospice palliative care beyond Borders	Most valuable point was Dr.Frank Benan's thought was the experts and institutions from global North advocating translation of their successful palliative care models to the rest of the world.
Palliative care in the COVID-19 1 era	Lovely to see how Philippines, India and other countries gave their service to the patients during COVID-19 pandemic.so interesting to see what they have done and how they limited patient care. Good examples
Breathlessness and its impact on Quality of life	Interesting lectures about management of dyspnea in heart failure and anxiolytics would be help in breathlessness and Non pharmacological methods are very useful for the nursing care.
Holistic care for patient and families in end of life	Dr. Carl Bekars, Dr Yakie Kurihara Dr sang It's wonderful how they implement EOL and develop the care services in their countries.
Consensus In quality palliative care	Implementation of pcoc in Tiwan . saw their mild stones in development of pcoc in Taiwn . saw a good improvement after good practice.
National project to evaluate the quality of palliative care PCOC	Evaluating and improving outcomes systemtically.so impressive lecture by Babra Devson
Complementary, alternative and integrative medicine in palliative e care	Complementary therapy is essential for PC. Very interesting lecture about OKINAWA by Erika Nakanisha .New experience about natural healing of all kinds(ronga) Experience of intergrading AYUSH in PC by Dr Rao.good experience
Advance care planning in the real world, global perspective	Saw the methodical improvement of ACP in Sinagapore and so interesting and good experience sharing how systematically approach for promoting ACP in HK
"Hinohara" memorial lecture	Very interesting lecture by Dr R. Show about Dr.Hinohara The history was really wonderful how he and Dr R. Show dedicated their service established APHN and initiate PC to other countries in the region. Our salute to proff . Cynthia Goh how did she contribute her valuable service to

	established HP service in Singapore.
Capacity building in palliative care	Julia Boit's effort of launching hospice and PC in Kenya was marvelous. It's a hard work.
Developing PC service through training	Leadership and capacity development in Sri Lanka by Dr Suraj Perera. This is a collaborative project. Happy to participate and got chance to initiate PC in Sri Lanka as a master trainer.

- As a palliative care nurse and recently initiated palliative care in my country, received expert's knowledge and experience are influential to streamline our service.

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