

APHN Bursary Report

My name is Dr. Kinley Bhuti, from Bhutan, General Practitioner practicing in Paro district in Bhutan. I have very keen interest in Palliative care and hence I was very lucky to receive this bursary which helped me enhance my knowledge on Palliative care and its history of origin. I thoroughly enjoyed listening to lectures such as up to date review on common symptoms like constipation, nausea and drowsiness and the session on reflection of APHN development. I got immensely inspired listening to talk held by Prof. Goh, how she started the palliative and hospice care in Singapore and in its neighbouring countries and Dr. Rosalie Shaw, how she transitioned her life by changing various profession to enable herself to bring bigger change to society particularly in field of palliative care .

I also attended the session on Breathlessness and its impact on quality of life. The various means in managing dyspnoea: pharmacological and non-pharmacological methods. This particular session really helped me cater better care to the terminal patients admitted at the hospital I work currently.

I was very lucky to have this Bursary which enabled me to listen to great and learned legendary speakers and have gained so much knowledge in palliative care, which helps me cater better care to all terminal patients admitted at the hospital I work. Such opportunity can really help many gain knowledge and experience.

Thank you APHN for the opportunity. I look forward for more of such opportunities.

