

## **APHN Bursary Report: Dr.Sayeda Sharmin Quadir**

It was a pleasure to attend the 14th APHC, which was held virtually for the first time in November 2021. Though it is always preferable to attend the conference in person, but no doubt during global pandemics of Covid I admire this virtual arrangement of conference. What a great opportunity to see all of my mentor in a row!

It was a great platform to see the different progress of palliative care in different area of the world. I felt overjoyed to see one of my colleague Dr. Shahinur Kabir from Bangladesh delivered his speech about Tele-consultation.

The presentation on “Tele-Hospice palliative patient-effectiveness and cost effectiveness of home palliative care services with chronic illness and their caregivers.” It was briefly discussed how the service offers tele-consultation between doctor and patient who are registered.

“Any person can contribute to care” a lesson learn from the Kerala experience of Dr. Suresh Kumar. I always wonder who can be a volunteer! But it already mentioned in his speech that anyone who wants to contribute in the efforts to reduce the suffering of people living with advanced diseases. Agreed with a valuable comment “Self-interest: Everybody’s future, Everybody’s business.

To meet old friends in virtual conference and renew old friendship with a magnificent environment more than a dream came true.

I acknowledge my gratitude to APHN especially Prof Cynthia Goh, who helped me to know about this scholarship and avail it. Who knew that it was my last time to see her virtually! I was one of the trainees who attend an APHN training session of Bangladesh in 2013 to 2018. It's hard to believe that she is no more with us in person, but through her mentorship she would be always with us! We love, we mourn Prof Cynthia Goh. You will always be remembered.

Last but not least, thanks a lot to give me the opportunity to attend the 14th APHC. I am eagerly waiting to attend the next conference.

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