Cynthia Goh Global Palliative Care Institute

Prof. Cynthia Goh

Cynthia dedicated her life to developing and providing Palliative Care to Singapore and the Asia Pacific Region. She touched many lives because she was able to persuade and convince patients, relatives, doctors, other healthcare workers, medical institutions, universities and even governments that we all need good palliative care. She often said to me: "In this world there is enough suffering for the living, why do we need more suffering for the dying?"

Through a twist of fate, Cynthia was struck down by pancreatic cancer and herself required home palliative care in the last three months of her life. Her friends and colleagues tirelessly provided the best possible treatment and support to enable her to continue working and teaching, enjoy her remaining time with her family and friends, and live out her life in dignity without fear or agony. Nonetheless, there were times when she said to me "Dying is not easy."

Much remains to be done, even in Singapore which has one of the best services in the region. Cynthia's generous soul wanted as many people as possible to have access to quality palliative care and the right to a good death.



This picture was taken just 2 hours before she was taken by ambulance to Singapore General Hospital to have 3 litres of fluid removed from around her lung.

The Institute

To honour Cynthia's life work, and to continue her legacy, our family, along with her department in the National Cancer Centre Singapore (NCCS) and SingHealth Duke-NUS Global Health Institute propose to establish the **Cynthia Goh Global Palliative Care Institute** to be based in the SingHealth Duke-NUS Supportive and Palliative Care Centre.

The Institute will not compete or replace existing SingHealth Palliative Care activities but will work alongside collaboratively to enhance them and to develop new programmes with the following aims:

The Aims

• Build capacity and capability through training and establishing interprofessional educational programmes to improve Palliative Care Services in Singapore and the region focusing on low and middle income countries

• Collaborate with partners such as Asia-Pacific Hospice Palliative Care Network (APHN), SingHealth Duke-NUS Global Health Institute, Lien Centre for Palliative Care, The Palliative Care Centre for Excellence in Research and Education and other global palliative care partners to strengthen research and education in palliative care

• Drive research grounded in localised clinical practice to solve problems of treatment efficacy, equitable distribution of care, and cost effectiveness

• Promote faculty development through a spirit of international collaboration to make Singapore a Centre of Excellence for Clinical Expertise, Training and Research in Palliative Care



Budget and Donations

To establish the **Cynthia Goh Global Palliative Care Institute**, we need to raise at least SG\$ 12 million through donations (SG\$ 10 million endowed, SG\$ 2 million expendable.) We will apply for government matching of funds.

Our family will contribute at least SG\$ 4.2 million and we seek your generous donations to fulfil Cynthia's dreams of providing quality Palliative Care to as many people as possible – and make a good death possible for all.

Thank you.

Prof Goh Hak Su Husband of Cynthia Goh Founding Head Department of Colorectal Surgery Singapore General Hospital

Endorsed By

Asst. Prof Patricia Neo Soek Hui Head SingHealth Duke-NUS Supportive and Palliative Care Centre

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A/Prof Tan Hiang Khoon Director SingHealth Duke-NUS Global Health Institute

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Prof William Hwang Medical Director National Cancer Centre Singapore



NCCS Cancer Fund Donation Form

Please send your form to: Community Partnership (Division of Community Outreach & Philanthropy) 11 Hospital Crescent | Singapore 169610 Tel: +65 62369440 | Email : donate@nccs.com.sg Web: www.nccs.com.sg

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Tax Deduction All donations received are managed by NCCS Cancer Fund, part of SingHealth Fund (SHF), an Institution of Public Character (UEN 201624016E). To enjoy the 250% tax deduction, donors are required to provide their Tax Reference Number (e.g. NRIC/FIN/UEN where applicable). The donation will be automatically included in the donor's IRAS tax assessment. As such, we will not be sending any official receipt, unless upon written request by the donor.	
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In support of: Cynthia Goh Global Palliative Care Institute (Endowed via Oncology ACP)	
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I/We consent to the SingHealth Institutions and their successors or assigns collecting, using and/or disclosing my personal data for purposes of processing my donations and such other reasonably related purposes set out in the SingHealth Data Protection Policy available at SingHealth-Grp-Data-Protection-Policy-2020-07.pdf, section 6 "For our donors and sponsors."

I want to stay connected, receive updates and be alerted on other fundraising and volunteering news and opportunities. You can reach me via the email / telephone / address or other contact particulars I have given.

By ticking this box, I wish to remain anonymous and my personal data/donation should not be published or recognised in any form.

Please Note:

1) Only Singapore tax residents are eligible for a tax deduction 2.5 times the gift value.

2) Donations must reach NCCS before 15th December for processing and be included in time tax assessment in the same year.

Thank You for Your Support!